Welcome to the Providence family!

I wanted to take a minute and introduce myself. My name is Zonia Tamez and I am the Health Coordinator at Providence Catholic School. Below are the documents that will be needed when you are preparing for the coming school year.

IMMUNIZATIONS

Texas state law requires that all students attending public or private school receive certain immunizations. Your Doctor's office or the Health Department should be able to provide you with a copy of your daughter's immunization record.

Catholic Schools in the Archdiocese of San Antonio can only accept exemptions to receiving immunizations for medical reasons.

<u>Immunization records are required in order to be considered</u> registered for the 2018-2019 school year.

FAILURE TO PROVIDE THIS RECORD WILL PROHIBIT YOUR DAUGHTER FROM <u>ATTENDING SCHOOL.</u>

MEDICAL HISTORY (Form enclosed)

This is a brief medical history form that must be filled out and signed by the parent/guardian and student yearly.

The Medical History form is required in order to be considered registered for the 2018-2019 school year.

PHYSICAL EXAMINATIONS (Form enclosed)

Physical exams are required for students new to Providence. The physical is good for one calendar year from the date of exam.

PRESCRIPTION and OVER-THE-COUNTER MEDICATIONS (Form enclosed)

Throughout the year your daughter may require medication to be administered during the school day for illness and other issues. <u>ALL</u> medication, including OTC (over-the-counter drugs), requires the **MEDICATION PERMISSION REQUEST FORM** to be filled out, signed by the doctor and parent, and be on file here at the clinic. If your daughter has a history of headaches, menstrual cramps, sinus problems, etc. it is a good idea to get a prescription from the doctor. This eliminates phone calls to you and limits your daughter's time out of class.

The prescription should include all of the following: Student's name, name of medication, dosage, time to be administered and duration (if applicable).

If your daughter has asthma, she must have an inhaler at school. It should either be kept in the clinic or with your daughter. A note is required from the doctor stating your daughter can self-administer and carry the inhaler with her.

Please make sure all health conditions are included on the registration card. This information is necessary in case of a medical emergency. It is imperative that we are aware of any new or existing conditions to best serve your daughter(s).

Should you have any questions or concerns, please contact me at 224-6651, ext. 201 or e-mail me at ztamez @providencehs.net.

Thank you, Zonia Tamez Health Coordinator